

### **What is happening at Milpara's Korumburra Community House?**

Essential Oil smell beautiful but also have other benefits. You can use essential oils to create your very own chemical free cleaning products. Come to a great information session, to learn how to do it yourself, on Thursday May 17.

Sourdough Bread making has been a very popular workshop. We are looking at running an additional workshop this term. Please let us know if you are interested.

Level 1 Basic Food Handlers (for all staff) is a national accreditation. The 4 hour afternoon session will be on Tuesday May 22. In the evening, we also have the Responsible Service of Alcohol Course, which is a Victoria Accreditation. Please ensure you book your place, just a reminder that we do require payment of course fees to confirm your place. We are required to confirm minimum bookings one week ahead.

We are still taking names for a Friday morning art class. This is a great opportunity to get back into painting or drawing or just have a go at something new. Please let us know if you would be interested.

As winter sets in, it can be tempting to bunker down at home. Getting out of the house and enjoying time with friend is great for our mental health. Milpara has a variety of groups and social classes you may want to participate in to keep the winter blues away. Give us a call and we can help find something suitable for you, Milpara on 5655 2524.