



Korumburra's Milpara Community House

(ABN 84 361 485 080) (A0019220Y)

Located at 21 Shellcot Road, Korumburra

Term 2, 2018 classes & activities

Bookings Essential - Minimum enrolments required for Workshops & Classes. Payment is due 7 days prior to start date. Cancellations with 7 days notice or if a course is cancelled receive a full refund.

Newcomers Afternoon Tea

If you are new to our community please let us welcome you at our quarterly afternoon tea. Tuesday June 26 at 2 pm. Please RSVP for catering purposes.

Payments can be made to

Milpara Community House
BSB: 063 515
Account: 00901901
Please quote surname and course as reference.

Centrelink Agency

Open during school holidays except public holidays. Hours of operation:



centrelink

Tuesday 10 am - 2 pm
Wednesday 10 am - 1 pm
Thursday 10 am - 1 pm

Forms and documents can only be accepted during agency hours. Self service computer and phone available Mon - Fri 10 am - 3.30 pm.



TIPS is a free service that can help you explore training, employment and learning options. No fuss, no stress! Call to make your appointment.

Home Work Club - Donation Entry

NEW For our young adults Year 5 to Year 10 we are providing a space to come and do your homework. We will have a tutor on site to support you. During school Term. Wednesdays from May 2, 3:30 pm - 5 pm

We would also be interested in hearing from you if you are able to donate your time and expertise to this project.

"Celebrating Neighbourhood Houses, We Deliver in your Neighbourhood!"

Neighbourhood House Week 2018 runs April 30 to May 6 2018. We'd like to invite you to visit Milpara and other Houses in the area to see how we strengthen and support our community.

Milpara Open House will be Tuesday May 1 and Wednesday May 2, 10 am - 12:30 pm. Including displays and refreshments. Wednesday a light lunch will be provided from noon until 1 pm.

Community Support

Emergency Foodbank

Donations are greatly appreciated.

During school terms Monday - Friday, 9:30 am - 4 pm

Other services

Milpara provides a Job Board, Book Exchange, Computer Usage, Printing, Photocopying, Fax and general local information. We also have puzzles and a reading nook if you need some quiet time. An emergency laundry is also available.

Free Counselling available at Milpara

Financial Counselling - Wednesdays Fortnightly. Anglicare 1800 286 260

General Counsellor & Family Violence Counsellor Uniting Care 5662 5150

Information Sessions

Please book your seat so we can confirm minimum numbers

Understanding Mental Illness workshops \$ FREE

Aim: To break down stigma and support participants in taking action to create community change. At the end of a workshop you will have developed:

- an understanding of mental illness, contributing factors and recovery
- confidence in supporting people who experience mental health issues
- skills to support social inclusion

Workshops are interactive and include information sharing, a lived experience presentation, group discussions and practical exercises.

Thursday May 3, 10:30 am - 3 pm **or** Tuesday May 15, 5 pm - 9:30 pm

NDIS What is it? Is it for me? Where to start? \$ FREE

Are you a little unsure and have questions about the NDIS? What exactly is it? Who is eligible? What can NDIS funding be used for? How do I apply and who can help me? This information session will help. The session is for people with disabilities, their carers and support staff.

Tuesday May 1 10 am - 11 am

Caravan Towing Safety and Tips \$10

Before you head off, get some hints and tips on how to prepare and set up caravans and vehicles for safe towing; what to check before you leave and on-road tips for safe traveling. Venue: South Gippsland Transmission Service, 8 Sanders Street, Korumburra.

Saturday June 2 10 am - 12 noon

Office Hours: Monday - Friday 9:30 am - 4:30 pm

21 Shellcot Road, (PO Box 136) Korumburra

☎ 5655 2524 milpara@dcsi.net.au milparacommunityhouse.org.au





English and Maths Class \$70 (Concession \$50) Term 2

A friendly, supportive group that will help you reach your English and Maths goals.

9 Mondays April 23 - June 25 12:00 pm - 2 pm

Learn English \$85 (Concession \$60) Term 2

Learn to read, write and speak English with confidence in a friendly, relaxed class.

8 Wednesdays May 2 - June 20 (No class April 25) 10:00 am - 12:00 pm

Speak English \$85 (Concession \$60) Term 2

Learn to speak and understand English in a friendly, relaxed class.

9 Thursdays April 26 - June 21 7 pm - 9 pm

The Craft of Story Writing \$95 (Concession \$67) Term 2

Whether you are a budding author, diarist, blogger, poet or family historian, join the group on a voyage of discovery to uncover your writing talents and stories. Shape your ideas, hone your writing and editing skills and create great writing that will keep your reader turning the pages.

9 Thursdays April 26 - June 21 9:45 am - 11:45 am

Well Being

DIY Cleaning with Essential Oils \$4

Many household cleaners contain toxic chemicals which may cause short term and long term health problems when you use them. Eliminate toxic cleaning chemicals from your home. Learn how easy and simple it can be to make your own cleaning products using items in your pantry and a few essential oils.

Thursday May 17 11 am - 12:30 pm

Introduction to Relaxation, Mindfulness & Compassion \$ DANA

Offered by recognised Australian Meditation teacher, John Julian. This course will be an introduction to relaxation, yoga, mindfulness, compassion techniques and approaches to life. Dana is a traditional word for making a monetary offering for the teaching.

4 x Mondays May 7 - May 28 7 pm - 8 pm

Milpara Singers \$4 per session

Singing is good for you. It improves health, happiness, social connection and it's FUN. Join this friendly group, instruments also welcome.

Wednesdays April 18 - June 27 (No class April 25) 1:30 pm - 3 pm

Social Mah-Jong \$4 per session

Exercise your mind with Mah-jong, a game of strategy using tiles. This is not like the computer game, Mah-jong Solitaire. Beginners are very welcome. Alternating Wednesdays fortnightly morning 10 am - 12 noon and evening 7 pm - 9 pm.

Mornings: May 9 & 23, June 6 & 20 **Evenings:** April 18, May 2, 16 & 30, June 13 & 27

Tai Chi for Beginners \$15 per session

Exercise you body, mind and soul. Venue: Milpara

Wednesdays April 18 - June 27 (No class April 25) 2 pm - 3 pm

Yoga For All \$15 per session (Concession \$10)

A general level yoga class which adapts poses to suit your ability. Includes guided relaxation and meditation. **NEW Venue:** Korumburra RSL Hall

Wednesdays April 18 - June 27 (No class April 25) 10 am - 11:30 am

Foundations for Your Future \$80

Work out how to achieve your future education, employment or study goals.



You will learn what your current skills are and how to sell them and with a pathway plan, how to achieve the skills you would like or need. Also covered will be some of the basic and essential requirements of job seeking and work or study readiness.

Expressions of interest. 6 x 3 hr sessions

Improve your Reading, Writing and or Maths \$5 per session

1-on-1 tutoring at your level to help you to improve your skills. Day and time to be discussed upon enrolment.

Groups

Korumburra Men's Shed

Contact: John 0411 485 113 Venue: The Goods Shed, Korumburra (behind the Post Office)

Tuesdays 9:30 am - 1 pm

Wednesdays 9:30 am - 1 pm

\$4 per session

Korumburra Men's Shed (& Women's) Hospital Garden

Venue: Korumburra Hospital Grounds

Thursdays 9 am - 12 noon

Korumburra Playgroup

Venue: Milpara

Fridays 10 am - 11:30 am

\$4 per session

Korumburra CWA

The Korumburra CWA Branch would warmly welcome new members.

Contact: Janine 5658 1665 Venue: Milpara

Meets 4th Friday every month at 1 pm

Coeliac Support Group

Meets quarterly. Venue: Milpara

Contact Diane 0404 042 619 for details

Kitchen & Garden

Sourdough Bread: Make your own \$20

This course will step you through preparation of your own loaf, ready to bake at home the next day. Includes sharing a loaf over a bowl of soup for lunch.

Sunday May 20 10:00 am - 2 pm

Accredited Training

Food Safety Training for all staff and food safety supervisors

Ideal for those seeking work or working in the hospitality industry, intending to start their own restaurant/take away business, working with children/aged care workers, school canteens, people selling food at markets. All assessment completed in class on the day. Nationally recognised for the Hospitality/Retail, Community and Health Services and Food processing industries.

Level 1 for Basic Food Handlers (for all staff) \$95

Hospitality and Retail - Use hygienic practices for food safety - SITXFSA001
Food Processing - Follow Work Procedures to Maintain Food Safety FBPFY1001
Community and Health - Follow Basic Food Safety Practices - HLTFS001

Tuesday May 22 1 pm - 5 pm Training provided by CFT International RTO # 21120



Food Safety Supervisor Training

Food Safety Supervisor Hospitality - SITXFSA001 & SITFSA002 **\$210**
Food Safety Supervisor Food Processing - FBPFY1001 & FDFFS2001A **\$210**
Food Safety Supervisor Health - HLTFS001 & HLTFS005 & HLTFS007 **\$275**

Ring to discuss options Training provided by CFT International RTO # 21120



Responsible Service of Alcohol RSA \$75

All people serving alcohol in Victoria need this certificate which is approved by the Director of Liquor Licensing Victoria. Duration: 4 hours.

Tuesday May 22 5:30 pm - 9:30 pm
Training provided by CFT International RTO # 21120

Apply First Aid - Level 2 \$170

Standard HTLAID003 Childcare HLTAID004
Learn what to do in a medical emergency. This certificate has a three-year workplace accreditation. CPR must be updated annually.

Saturday May 12 9 am - 3 pm



CPR \$65 HTLAID001

CPR must be completed every 12 months to retain your First Aid accreditation.

Saturday May 12 9 am - 12 noon



Traffic Management & Traffic Control \$200

RIIWH302D & RIIWH205D
This qualification is for people wanting to work in the civil construction industry, local councils or VICRoads. The Traffic Controller ticket must be renewed every 3 years. Update enquiries welcome.

Tuesday May 8 9:30 am - 4:00 pm
Training provided by Australian Safe T Training P/L RTO 21852



Responsible Service of Gambling \$90

SITHGAM001 (Hospitality) Provide responsible gambling services.
If you're planning on working in a hospitality venue that provides gambling, this is a desirable course for your resume. This accredited unit covers implementing responsible gambling practices and procedures as well as how to provide information and assistance to customers about problem gambling.

DATE AND TIME: TBA 1 pm - 4:30 pm

Assessment and Training conducted by Bass Coast Adult Education TOID: 3720



Get Creative

Crafts & Cards with Barb \$4 per session

Bring along your own craft or create a beautiful embroidered card. Materials for cards supplied at additional cost. A great social afternoon.

Fridays April 20 - June 29 1 pm - 4 pm

Korumburra Craft Group \$4 per session

An enjoyable get together to work on your own craft, patchwork, embroidery, crochet, knitting etc. Everyone welcome.

2nd & 4th Thursday of the month

Jewellery Beading Techniques \$15 per session

Learn new beading techniques to create amazing jewellery and bead pieces. Project kits available at additional cost.

Monday evenings 7 pm - 9:30 pm April 23,
May 7 & 21, June 4 & 18

Tuesday afternoon 1 pm - 3.30 pm April 17,
May 1, 15 & 29, June 12 & 26

Wet Felting - Wall Hanging \$25

Create your very own unique, felted wall hanging. Explore the art of wet felting as you learn the techniques, tips and tricks of wet felting, with an experienced tutor. Materials included. Bring your own old towel.

Saturday May 19 10 am - 1 pm

Milpara Art Class \$160

Do you paint or draw? Or would you like to learn how? Gayle will share her skills and expertise to get you started or enhance your skills. BYO art materials.

9 Fridays 9:30 am - 12 pm May 4 - June 29

Expressions of Interest

Pending numbers classes may start during Term 2

- Running Effective Meetings
- Roles and Responsibilities of Committees
- Soy Candle Making
- Work Safely in Construction Industry
- Burra Boomerang Bags Group
- Buried in Treasures - Hoarding
- Alcohol and Drug Testing (Term 3)
- Quickbooks Online (Term 3)



Milpara Community House is a Learn Local organisation. Courses tagged with the Learn Local logo are subsidised with government funding. The prices shown are the reduced rates available to those looking to increase their skills to return to study, gain employment, get a better job or promotion. If you haven't completed Year 12, English is your Second Language or you didn't have the opportunity for learning (e.g. computers weren't around when you were at school), you are also eligible. Please ring for further information.

NEW

Designing Advertising Material \$50

This session is designed for small business or community groups. It will cover the design process and hints and tips to create effective advertising material using MS Word. It will include a practical component; as a group, you will design a flyer/business card from a design brief. Concession for community groups \$35 pp.

Thursday May 31 9:30 am - 3:30 pm

Photography with a Smart Phone for Beginners \$25

Tips and tricks for taking photos using your Smart Phone camera. The session will include how to share your photos with your friends and family using Facebook or email. BYO Smartphone.

Wednesday June 6 6 pm - 8 pm

Smart Phone Photography for Instagram \$25

This session will include tips and tricks on getting the best from your Smartphone camera. Learn about Instagram and how to upload your photos, share photos, use tags, advanced editing tips, videos and more. BYO Smartphone.

Wednesday June 20 7 pm - 9 pm

#Gippslanddigital 1: Kick start your career in digital marketing \$150 (\$120 concession)



The course includes an overview of digital marketing and the tools available to design and implement a digital marketing strategy. Learners will explore the best options in developing and supporting an online business presence. Suitable for job seekers/students wishing to expand their resume. Also suitable for businesses. This course will cover a range of topics from Google Garage, social media marketing, tools to build a website, E-Commerce, Google My Business & more!

Express your interest: day or evening. 6 x 3 hour sessions

Xero: Cloud Accounting for Small Business \$140

Cloud accounting has changed the game for small businesses. It connects small business owners with their numbers anywhere, on any device. This course will equip attendees with the skills to efficiently use the cloud accounting package Xero and integrated apps Tsheets and Receipt Bank, to allow for more efficient business management, to streamline and automate their business processes and to allow for easy recording of business information.



6 Tuesdays May 1 – June 5 10 am - 2:30 pm

Computer Help - Donation Do you have a small computer task you need help with? Ring to book a session with a volunteer.

Introduction to Computers - with Intel Learn Easy \$140

Designed for beginners to gain confidence with computers. This 8 week course teaches what the different parts of a computer do and introduces Microsoft Windows, Internet and Email. Learn how to format documents including letters and resumes, and about internet safety and using the internet to find information.



Express your interest: day or evening. 8 x 3 hour sessions

Introduction to Computers Beyond Basics - with Intel Learn Easy Steps \$125

Computers Beyond Basics is about expanding your basic computer knowledge. Enhance your navigation of the internet and a desktop computer. Topics include how to create a flyer, taster of excel to create a budget, shopping online safely, internet downloads, social media and more.



Express your interest: day or evening. 6 x 3 hour sessions

Office Essentials - Workplace Skills Excel & Word Focus \$125

Prerequisite Good Basic Computer Skills

This course extends your knowledge of the Microsoft Office Suite. It will include an overview of Word, Excel, Publisher, PowerPoint, Access and Outlook. The course will then focus on MS Word and MS Excel. Classes to start in May



Express your interest: day or evening. 6 x 3 hour sessions

Small Business Victoria Workshops

Taking your business online: What you need to know \$20

Take the guesswork out of launching yourself online and empower yourself to bring digital thinking into all aspects of your business.

Whether you're a bricks and mortar business or still at the drawing board, this workshop, led by a digital expert with real - world small business experience, spans the complete digital landscape. Event E19923

Monday April 30 6:30 pm - 8:30 pm



Creating effective digital content: What works and why \$20

Learn how to develop, and then apply, a content strategy for all your online communications that speaks directly to your customers' needs and keeps them coming back for more. Event ID E19924

Monday May 28 6:30 pm - 8:30 pm



Office Hours: Monday - Friday 9:30 am - 4:30 pm

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Payments can be made to

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BSB: 063 515 Account: 00901901

Please quote surname and course as reference.